

Family Council

Family Education Video on “Love Across Generations” — Build Family with Love, Pass down Virtues

Episode 6: Grandma’s Wisdom

Video’s Transcript

- Eldest Brother : It’s a gift from Granny to Dad and then to me.
- Baby Sister : That’s a lesson I keep in my heart!
- Baby Sister : Ever since Granny passed away,
(Voice over) this is our family’s first Chinese New Year
and reunion dinner without her.
Elder Sister suggests that before we dig in,
each of us tells a slice of Granny’s life.
- Elder Sister : I’ll go first.
I remember when I was in Secondary 2,
during our family trip to Lamma Island,
I wanted this pair of earrings badly but Mum said no.
Granny then secretly bought them for me
and said, “You can decide for yourself.”
“Girls gotta stay confident!”
- Baby Sister : That’s how Granny spoiled you!
- Baby Sister : My turn.
I once found female drummers so rock that I wanted to be one,
and it was Granny who decided to let me take lessons.
- Elder Sister : A passing fancy though!
- Baby Sister : Hmph!
I’m beat-deaf and for sure can’t get the rhythm right.
Surprisingly, Granny simply smiled and said,
“Don’t leave an idea just as it is,
only by giving it a go, you’d know if it works.”

Dad & Baby Sister : “Live a life with no regrets!”

Baby Sister : That’s a lesson I keep in my heart!

Eldest Brother : I’m sure you’re all familiar with it.
It’s a gift from Granny to Dad and then to me.
It teaches us that “no sweet without sweat”,
the virtue of deferred gratification.

Elder Sister : I knew it!

Eldest Brother : I’ve put the lesson into practice,
so I’m passing it on to you now.
Bear in mind great-grandma’s teachings, my boy.

Eldest Brother’s Son : It’s so pretty! Thanks, Dad!

Mum : Here...
These dumplings are “Granny’s teachings” as well,
I’m sure you all know how delicious they are.
Let’s dig in!

Everyone : Dig in!

Dad : Here we go.

Everyone : Yum!

Eldest Brother’s Son : This is for you.

Everyone : Have some veggies.
Have a bite of chicken.
After you...

Baby Sister : That night, we told many slices of Granny's life
(Voice over) and enjoyed a blissful reunion dinner.
Granny's wisdom will be passed down across generations.

Dr KWOK Ka-yiu, : The family in this video has shown us
Daniel an elegant and wise way of remembrance.
Facing the loss of a loved one,
especially on such occasions as the reunion dinner
where family is supposed to stick together,
it's easy for the family to be engulfed with sorrow.
But this family made a big difference
by shifting their focus from "loss" to "possession".
Through sharing their thoughts,
Granny's image and teachings
have been brought back to life in a vivid way.
Instead of dwelling on their losses,
the family counted their blessings for the possession
of Granny's wisdom, encouragement and love.
This approach is particularly important for children,
for it helps children understand that
death is no longer a taboo.
While Granny's life has come to an end,
her spirit and love will be passed down across generations
through the sharing of these slices of Granny's life.