

Episode 3: Husband/Wives Conflicts

Husbands and wives are bound to have conflicts. Most conflicts occur after the birth of children, as the couple would naturally shift their focus to their children, and neglect (or ignore) the needs of each other. Money, work, parenting and the relationship between women and their mothers-in-law are the common factors of conflict.

In view of this, learning ways to embrace conflicts is instrumental to maintaining family harmony, and the key to this is learning how to control your anger, trying to avoid saying awful words in an argument, or leaving the scene for a moment to calm yourself down, and then talking things through afterwards. As the sayings go, "Step back and you can see a wider horizon". Couples should strive to work out a win-win solution for settling the conflict and reconciling with each other.