

Family Education Package for Families with Newborn Babies

Episode 9: <u>Are conflicts unavoidable if the older generation helps take care of the baby?</u> (Transcript)	
Host:	Many new parents may hesitate to let the older generation help take care of their babies, worrying that the difference in opinions will lead to conflicts. But is it really the case? Let's see what happens in Candy's case.
Drama part 1	
Narration:	Apple takes her baby to visit Candy's home.
Candy:	Have some tea please, Apple.
Apple:	Thanks.
Narration:	Candy's mother-in-law is walking out from the bedroom with her little grandson Tony.
Candy:	Mum, where are you going to?
Mother-in-law:	I am taking Tony to the park. Oh you have company here? Have a nice chat.
Candy:	Thanks mum. Why don't you bring a jacket for Tony?
Mother-in-law:	Sure.
Apple:	How lucky you are for having the help from your mother-in-law. I have to do everything on my own.
Candy:	Mum is really helpful. Though how their generation takes care of babies may in some ways differ from ours, it may not be too bad to make a change sometimes. I remember once I was sick...
Narration:	Candy recalls that she once walked out from the bedroom to the living room.
Mother-in-law:	Don't move around when you are sick. Take more rest.
Candy:	Tony is already six months old, so I want to make him some rice puree. It won't take much time...
Mother-in-law:	I have already cooked some porridge and ground it with a blender.
Candy:	Does it work?
Mother-in-law:	Of course! I did the same for Tony's dad, but it took longer back then. Now it is more convenient. I brought you soup Candy. Go to eat some, and let me take care of Tony.
Candy:	Thank you so much mum.
Expert advice	
Ms. Yip:	The way the elders took care of the children and the parenting practices of the new generation may inevitably be quite different. After all what the elders did was all because of their care and love for the babies and for the babies' own good.

Drama part 2	
Candy:	Not until then did I know porridge can be ground into rice puree and it is more natural and healthy.
Apple:	Sometimes there are merits in their traditional ways.
Candy:	Right. Also, quite often mum makes us some tasty soup and helps take care of Tony, which really relieve much of our burden.
Expert advice	
Ms. Yip:	If two generations can communicate more understand and appreciate the efforts made by each other, and establish a close and mutual help relationship, the support and experience from the elders can make parenting more easy for mothers and relieve their stress when taking care of children.
Drama part 3	
Narration:	Candy's son Tony helps himself to put on his shoes and gets ready to go out.
Mother-in-law:	Last time you told me to praise Tony only when he "behaves well". It really works. A while ago, I did praise him for his initiative to get his shoes. Look! Now he is even putting them on!
Candy:	Oh, yes! Tony knows how to put on his shoes by himself. Good job!
Mother-in-law:	Unlike his dad who always did it wrong when he was young. The parenting practices of your generation really make some sense.
Candy:	All because of your open-mindedness. Thank you, mum.
Conclusion	
Host:	There is a saying, "An oldster at home as treasure your own". If parents can learn from Candy who knows how to draw support from the wisdom of the older generation and combine it with the knowledge of nowadays, complementing each other. It is easy to be the smartest parents.
<p><i>Help and support between two generations</i></p> <p><i>Bring together the best solution</i></p>	