

## 18 Handy Tips for Family Education

### Tip 7: When kids get frustrated? (Dialogue Script)

Docudrama 1: DON'Ts	
Mother:	It's time to go to badminton class. Be attentive in class, OK?
Siu-yee:	I really don't want to go. I don't like badminton...
Siu-wai:	I don't like to play with her either. She's so bad that she always loses.
Siu-yee:	I hate it when I always lose to him./
Father:	Siu-yee, you shouldn't be discouraged so easily. You don't want to play just because you'll lose to your brother? How come?
Mother:	I'm telling you, on this day every week we always play badminton. You must go. Let's go!
Expert Advice	
Prof. Wong Po-choi:	Why do we hate failure? It's because when we succeed, we feel that we are great. When we fail, we feel that we are bad. That's why we dislike failure. Many of us don't dare to face any challenge, as we're afraid of failure. Anyway, parents shouldn't push their kids. The more you push, the more likely they don't listen to you. And they will get less and less confident. We can share our experience with them. Tell them that to fail is a fact of life. We have to learn our lessons, so that we will succeed in the future. When kids are brave enough to face failure, their Adversity Quotient would be enhanced.
Docudrama 2: DOs	
Siu-wai:	I don't like to play with her either. She's so bad that she always loses.
Mother:	Siu-wai, she had her reasons when she said she didn't like it. You shouldn't talk to her like that. Say sorry to her.
Siu-wai:	I'm sorry.
Father:	Sweetie, you felt happy when you began to learn it. Why do you dislike it now?
Siu-yee:	I hate it when I always lose to my brother. And the coach is demanding. Whenever I can't make it, he would yell at me.

Father: So you don't really hate badminton. You just don't want to always lose. When you lose, you will feel sad and you'll be blamed by the coach as well, right?

Mother: I have a question. If there's a game you like, but a bad guy doesn't allow you to play. What would you do?

Siu-yee: Of course you won't let him do that. Yeah, I would play no matter what.

Mother: Now there's a bad guy who's afraid to lose. He wants you to be afraid to lose. He wants you to be afraid of the coach. And he doesn't let you play badminton. What would you do?

Siu-yee: I would play no matter what. How can I let him control me?

Mother: If you give up just because you're afraid to lose, then it's a real failure.

Siu-wai: Siu-yee, you have to be brave!

Family: That's right!

Mother: Great! Let's go!