

18 Handy Tips for Family Education

Tip 3: When kids get angry? (Dialogue Script)

Docudrama 1: DON'Ts	
Siu-wai:	Give it back to me!
Mother:	Siu-wai, stop it! Why did you shove your sister? I ask why you hit her. Do you hear me?
Siu-wai:	She snatched my toy!
Mother:	You hit her just because she snatched your toy? Say sorry to her. You still don't wanna say it? I'll smack you, you'd better believe it! Hey, you start crying before I give you a smack! I've never seen such a naughty kid. Now I have to punish you by not letting you play. Go back to your room and do the homework immediately. No dinner for you tonight! Go.
Expert Advice	
Prof. Wong Po-choi:	Have you ever seen kids get angry? Sometimes there's no way we can ask them for the reasons. In that case don't ask them why because even they themselves don't know why. If you do, you will force them to find a reason or an excuse. The best way is to let him tell you why he is unhappy. Then you can find the solution and take the opportunity to enhance his emotional intelligence.
Docudrama 2: DOs	
Mother:	Stop it, Siu-wai! Why did you shove Siu-yee? Tell me, Siu-wai, what has happened just now?
Siu-wai:	She snatched my toy away!
Mother:	I see. She snatched your toy. You were unhappy and got angry. So you shoved her, right?
Siu-wai:	I was playing the toy. When she suddenly snatched it away. It's her fault.
Mother:	I understand. Siu-yee snatched your toy. It's her fault. But you hit her and it is also wrong.
Siu-wai:	I hate her snatching my toy away.
Mother:	But you aren't right either. So next time when you feel angry because somebody snatches your toy away, what can you do?

Maybe you can tell him that you are not happy with that.

Siu-wai: I am not happy that you snatched my toy away.

Mother: You've hit her just now. And it still hurts her. What should you say?

Siu-wai: Sorry.