

18 Handy Tips for Family Education

Tip 11: When kids have no time to play? (Dialogue Script)

Docudrama 1: DON'Ts

Mrs Lee: Good morning, Mrs Chan!

Mother: Good morning, Mrs Lee!

Mrs Lee: Today's Saturday, are you bringing Siu-wai to play so early?

Mother: We're not going to play, Siu-wai has to attend several interest classes today. He'll have piano class in the morning, and then English oral class. After lunch, he'll have sports class, and then tutorial class.

Mrs Lee: You and Siu-wai really get exhausted with so many activities, don't you?

Mother: Yes, but we have no choice. The competition is so intense nowadays, if he doesn't learn more when he has time, how can he compete with others in the future?

Mrs Lee: But Siu-wai has so much to learn, he doesn't have time to play, does he?

Mother: Yes, he does. Sports class is time for fun, isn't it? Moreover, I let him watch television and play video games when time allows.

Expert Advice

Prof. Wong Po-choi: Many parents regard playing as a waste of time. In fact, playing is very important and can enhance kids' Intelligence Quotient (IQ), Emotional Quotient (EQ) and Adversity Quotient (AQ). Why? It's because when they are playing, they are very happy and would solve problems proactively. They can gain satisfaction and boost their confidence. Therefore, playing is really not that simple. We have to let kids play, and let them learn how to play. We can let kids play games which are good for their bodies and minds, such as sports and music. If kids don't know how to play, they would get messed-up or play something unhealthy when they grow up. Parents can also play with their children, they will be closer and loving with each other then the kids' happiness quotient would also be enhanced.

Docudrama 2: DOs

Mrs Lee: Good morning, Mrs Chan!

Mother: Good morning, Mrs Lee!

Mrs Lee: Today's Saturday, are you bringing Siu-wai to play so early?

Mother: Yes! We go out to play every Saturday. Siu-wai, can you tell Mrs. Lee what are we going to do today?

Siu-wai: Mum will take me to piano class today, then we'll go to the park. After Daddy's back from work in the afternoon, we'll go cycling together. It's great fun!

Mrs Lee: Isn't the examination coming soon? Many parents tend to cancel extra-curricular activities, so that their kids can focus on revision.

Mother: Actually, learning wouldn't be effective if the kids only study during examinations or simply memorise materials without thinking.

Siu-wai has a habit of doing revision, that's why he can be relaxed and wouldn't be in rush during examinations. Moreover, Saturday is our family day. We'd get smarter after exercising!

Siu-wai: Right! I've enough revision today and I'll have revision again tomorrow.

Mother: Very good, Siu-wai!

Mrs Lee: You're such a smart mum, Mrs Chan!